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I hope these Positive affirmation printables meet your expectations and needs.

If you have any questions or suggestions or notice an error, please email me at anna@learngrowaspire.com so I can make it right.

Thank you so much for your support.

Anna

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Learn Grow Aspire was created to support parents, caregivers, and elementary classroom teachers with teaching resources and inspirations they can implement in their homeschool or classrooms.

MEET THE FACE BEHIND LEARN GROW ASPIRE

Hey, I'm Anna. Author and creator of Learn Grow Aspire resources. I love creating activities and printables that inspire a love for learning and make life easier for busy parents and teachers.



xoxo Anna

Positive Affirmations For Moms

I am making a difference in my kids' lives.



I can and will overcome any challenges that come my way.



I respond to my children with love, patience, and understanding.



I am a calm, cool and confident mom.



Positive Affirmations For Moms



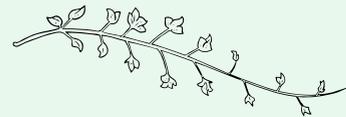
**I have the
knowledge,
skills, and
resources to
support my
kiddos.**



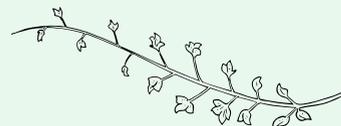
**I am creating a
safe space for
my children to
thrive.**



I am resilient.



**I am capable
of taking care
of mine and
my kids'
needs.**



Positive Affirmations For Moms



**I trust myself
to handle
whatever
comes my way.**



**I allow myself
grace when
needed.**



**I deserve time
for myself.**



**It's okay to ask
for help when I
need it.**



Positive Affirmations For Moms

**My career and
my family can
coexist in
harmony.**



**I believe in
my children's
abilities to be
the best
version of
themselves.**



**I will
encourage my
kids to believe
in themselves.**



**I create a safe
and loving
environment
for my kids.**



Positive Affirmations For Moms

**I AM KIND &
LOVING TO
MYSELF**



**I RELEASE
FEAR &
CHOOSE
LOVE**

**I set boundaries
to protect my
time and energy.**



**Homeschooling
brings me joy.**

